

MENU

Date: Week 1	BREAKFAST	LUNCH	DINNER
SUNDAY	Juice Hot/Cold Cereal Fruit Fried Egg Bacon Blueberry Muffin/Toast	Pot Roast w/ Gravy Baked Chicken Mashed Potato Glazed Carrots Beets Strawberry Shortcake	Assorted Quiche Caesar Salad Corn Chowder Peanut Butter Sandwich Grapes Angel Torte
MONDAY	Juice Hot/Cold Cereal Fruit Scrambled Eggs Sausage Banana Muffin/English Muffin	Sweet & Sour Chicken Baked Haddock w/Crumb Topping Vegetable Garden Rice Turnip / Stir-Fry Vegetables Fresh Fruit Yogurt Parfait	Chicken Stew/Biscuit Cheeseburger/Hamburger French Fries Pickles & Chips Peaches Frosted Cupcakes
TUESDAY	Juice Hot/Cold Cereal Fruit Pancakes/Syrup Grilled Ham Toast/English Muffin	Stuffed Peppers Clam Cakes w/ Sauce Mashed Potato Tossed Salad Green Beans Garlic Sticks Grapenut Custard	Tomato Soup Grilled Cheese Sandwich Monte-Cristo Sandwich Mandarin Oranges Pumpkin Bars
WEDNESDAY	Juice Hot/Cold Cereal Hard Boiled Eggs Bacon Bran Muffin Toast/English Muffin	Spaghetti w/ Meatballs Pork chop w/ apple nutmeg sauce Mashed Potato Corn/Mixed Vegetables Lemon Pie	Cream of Broccoli & Cheese Soup Turkey and Cheese Sandwich Egg Salad Sandwich Watermelon Oatmeal Cookies
THURSDAY	Juice Hot/Cold Cereal Fruit Cheese Omelet Sausage Hash Browns Donuts/Toast/English Muffin	Liver & Onions Shake & Bake Chicken Au gratin Potatoes Peas & Onions Wax Beans Gingerbread	Clam Chowder w/ Crackers Grilled Tuna Roll Grilled Steak & Cheese w/ Peppers & Onions Pineapple Chunks Butterscotch Blondies
FRIDAY	Juice Hot/Cold Cereal Poached Egg on Toast Bacon Raspberry Muffin Toast/English Muffin	Tilapia Fish Macaroni & Cheese Oven Roasted Potato Stewed Tomatoes Brussel Sprouts Chocolate Cream Pie	Chicken & Rice Soup Crabmeat on a toasted bun Cream Cheese & Cherry Sandwich Fresh Strawberries Peanut Butter Cookies
SATURDAY	Juice Hot/Cold Cereal Fruit French Toast/Syrup Grilled Ham Toast/English Muffin	Baked Beans & Hotdogs Dynamites on a Bun Coleslaw Brown Bread Brownies w/ Ice-Cream	Ham & Pea Soup Cornbread Chicken Salad Sandwich Shrimp Roll Pickles & Chips Fruit Cocktail Pistachio Pudding Parfait

MENU

Date: Week 2	BREAKFAST	LUNCH	DINNER
SUNDAY	Juice Hot/Cold Cereal Fruit Scrambled Eggs Bacon Pumpkin Muffins/Toast	Roast Turkey w/ Stuffing & Gravy /Cranberry Sauce Mashed Potato Baby Carrots Green Peas Pumpkin Pie	Cheese Tortellini Soup Reuben Sandwich Sliced Roast Beef Sandwich Grapes Chocolate Streusel Bars
MONDAY	Juice Hot/Cold Cereal Fruit Egg/Cheese/Bacon Crossaint Sandwich Toast/English Muffin	Meatloaf Baked Ham w/ Pineapple & Raisin Sauce Cheddar Whipped Potato Beets Wax Beans Apple Crisp	Hot Turkey Sandwich w/ Gravy Egg Salad Sandwich Fish Fillet on a Bun Fresh Fruit Cup Sour Cream Cookies
TUESDAY	Juice Hot/Cold Cereal Fruit Hard Boiled Eggs Grilled Ham Coffee Cake Muffin Toast/English Muffin	Chicken & Broccoli Alfredo Buttered Egg Noodles Veal Parmesan Corn/Mixed Vegetable Lemon Bars	Minestrone Soup Ham Italian Cheeseburger on a Bun Peaches Pickles & Chips Butterscotch Pudding Parfaits
WEDNESDAY	Juice Hot/Cold Cereal Fruit French Toast/Syrup Sausage Strawberry Muffin Toast/English Muffin	American Chop Suey Shake & Bake Pork Chops Rice Pilaf Tossed Salad/ Green Beans Garlic Sticks Pumpkin Mousse	Fish Chowder w/ Crackers Turkey & Cheese Sandwich Cream Cheese & Olive Sandwich Pineapple Chunks Peanut Butter Cookies
THURSDAY	Juice Hot/Cold Cereal Fruit Poached Egg on Toast Hash Browns Bacon Donut/English Muffin	Meatballs w/ Mushroom Sauce Chicken w/ Broccoli & Cheese Mashed Potato Baby Carrots/Asparagus Coconut Cream Pie	Oyster Stew w/ Crackers BLT Sandwich Chicken Salad Sandwich Grapes Pickles & Chips Coffee Bars
FRIDAY	Juice Hot/Cold Cereal Fruit Fried Eggs Sausage Toast/English Muffin	Salmon Loaf w/ Egg Sauce Beef Pot Pie Mashed Potato Spinach Cauliflower Bread Pudding	Vegetable Soup Crabmeat on a Toasted Roll Grilled Cheese Sandwich Pickles & Chips Fruit Cocktail Chocolate Chip Cookies
SATURDAY	Juice Hot/Cold Cereal Fruit Scrambled Eggs Bacon Blueberry Muffin Toast/English Muffin	Baked Beans & Hotdogs Chicken Tenders w/ Sweet & Sour Sauce French Fries Coleslaw Brown Bread Spice Cake w/Maple Frost.	Beef Barley Soup Ham & Cheese Sandwich Egg Salad Sandwich Mandarin Oranges Pickles & Chips Ice Cream

MENU

Date: Week 3	BREAKFAST	LUNCH	DINNER
SUNDAY	Juice Hot/Cold Cereal Fruit Fried Eggs Corned Beef Hash/Sausage Banana Muffin/Toast	Roast Pork w/ Stuffing & Gravy Breaded Chicken Breasts Mashed Potato Cream Corn/Peas Chocolate Peanut Butter Pudding Bars	Chili w/ Corn Bread Toasted Tuna Roll Turkey & Cheese on a Crossaint Fruit Cocktail Oatmeal Raisin Cookies
MONDAY	Juice Hot/Cold Cereal Fruit French Toast/Syrup Bacon Toast/English Muffin	Chicken & Broccoli Divan Liver & Onions Mashed Potato Brussel Sprouts Cauliflower Pumpkin Pie	Beef Stew w/ Biscuit Fish Fillet Sandwich Cream Cheese w/ Olives Fresh Grapes Drop Filled Cookies
TUESDAY	Juice Hot/Cold Cereal Fruit Cheese Omelet/Sausage Chocolate Chip Muffin Toast/English Muffin	Baked Haddock w/ Crumb Topping Pepper Steak Mashed Potato Squash Green Peas & Onions Apple Crisp	Tuna Casserole Egg Salad Sandwich Chicken Fillet on a bun Pickles & Chips Pineapple Chunks Pumpkin Bars w/ Cream Cheese Frosting
WEDNESDAY	Juice Hot/Cold Cereal Fruit Pancakes/Syrup Bacon Toast/English Muffin	Florentine Roll Ups Wild Pork Wings Mashed Potato Garlic Sticks Mixed Vegetables/Corn Coconut Cream Pie	Ham & Pea Soup Cornbread Turkey & Cheese Sandwich BLT Sandwich Peaches Magic Cookie Bars
THURSDAY	Juice Hot/Cold Cereal Fruit Scrambled Eggs Sausage Bran Muffins/Toast	Chicken Pot Pie Beef Burgundy Rice Pilaf Turnip/Beets Fruit Filled Tart	Vegetable Tortellini Soup Open Faced Roast Beef Sandwich w/ Gravy Ham Salad Sandwich Mandarin Oranges Brownie
FRIDAY	Juice Hot/Cold Cereal Fruit Egg/Cheese/Bacon Crossaint Toast/English Muffin	Baked Salmon Ham & Vegetable Au gratin Baked Potato Squash Green Beans Strawberry Cake	Assorted Pizza Veggie Italian Grilled Cheese Sandwich Watergate Salad Pickles & Chips Molasses cookies
SATURDAY	Juice Hot/Cold Cereal Fruit Hard Boiled Eggs Sausage Pumpkin Muffin/Toast	Baked Beans & Hotdogs Beef Stroganoff Egg Noodles Coleslaw Brown Bread Tapioca Pudding	Chicken ala King over a Biscuit Sliced Roast Beef Sandwich Sealeg on a Toasted Roll Watermelon Cowboy Cookies

MENU

Date: Week 4	BREAKFAST	LUNCH	DINNER
SUNDAY	Juice Hot/Cold Cereal Fruit Fried Eggs Hash Browns Bacon Pineapple Muffin/Toast	Baked Ham w/ Pineapple raisin sauce Chicken w/ Apple & Brie Cheese, Mashed Potato Baby Carrots Green Peas Frosted Lemon Cake	Clam Chowder Meatball Sub Egg Salad Sandwich Fresh Grapes Pickles & Chips Brown Sugar Cookies
MONDAY	Juice Hot/Cold Cereal Fruit French Toast/Syrup Sausage Donut/Toast/English	Honey Ginger Chicken Chopped Steak w/Mushroom Gravy Oven Brown Potatoes Squash/Mixed Vegetables Key Lime Pie	Vegetable Pasta Soup Chicken Salad Sandwich Grilled Cheese Sandwich Fruit Cocktail Cranberry Spice Bars
TUESDAY	Juice Hot/Cold Cereal Fruit Hard Boiled Eggs Sausage Bran Muffins/Toast	Toutiere' Pie Meatloaf Mashed Potato Corn Mixed Vegetables Turnovers	Chicken Stew w/ Biscuit Cream Cheese & Cherries Monte-Cristo Sandwich Fresh Fruit Cup Ice Cream w/ Hot Fudge
WEDNESDAY	Juice Hot/Cold Cereal Fruit Scrambled Eggs Bacon Raspberry Muffin/Toast	Meat Lasagna Baked Scallops Garlic Sticks Oven Roasted Potatoes Tossed Salad Wax Beans Pumpkin Mousse	Chicken Croquettes w/ Gravy Mashed Potato Reuben on Rye Crabmeat Roll Pineapple Chunks Blueberry Snack Cake
THURSDAY	Juice Hot/Cold Cereal Fruit Cheese Omelet Sausage Blueberry Muffin/Toast	Beef & Broccoli Stir-Fry Chicken Chow Mein Fried Rice Egg Roll Gingerbread w/ Cream	Oyster Stew w/ Crackers Turkey & Cheese Sandwich Cream Cheese & Olive Sandwich Peaches Tapioca Pudding
FRIDAY	Juice Hot/Cold Cereal Fruit Fries Eggs Bacon Coffee Cake Muffin/Toast	Baked Shrimp Italian Sausage w/Peppers & Onions Mashed Potato Glazed Carrots/Peas & Onions Banana Cream Pie	Minestrone Soup Ham Italian Sandwich Peanut Butter & Jelly Sandwich Mandarin Oranges Oatmeal Cranberry White Chocolate Chip Cookies
SATURDAY	Juice Hot/Cold Cereal Fruit Waffles/Syrup Sausage Toast/English Muffin	Baked Bean & Hotdogs Shepherd's Pie Cole Slaw Brown Bread Jello Poke Cake	Fish Chowder w/ Crackers Sliced Roast Beef Sandwich BLT Sandwich Fresh Strawberries Gingersnap Cookies