

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# SEPTEMBER 2023

Redington Memorial Home

						<p>9am Let's play Chess <b>1</b>                  10am Milton Bradley Checkered Life Game, <b>Bring your paper from David Richards</b>                  11am Walk w/Karen                  1pm Stronger Seniors Fitness                  2pm <b>Live Music, Diane &amp; Friends</b></p> <p><b>American Chess Day</b></p>	<p><b>Choices of:</b> <b>2</b>                  Work on a Puzzle, Read a Book, Visit a Neighbor, Go for a Walk, Play a Card game <b>or</b> a Dice game <b>or</b> a Board game, Color a picture, Listen to Music, Do Word Finds, Sudoku, etc.</p> <p><b>National Hummingbird Day</b></p>
<p><b>Choices of:</b> <b>3</b>                  Work on a Puzzle, Read a Book, Visit a Neighbor, Go for a Walk, Play a Card game <b>or</b> a Dice game <b>or</b> a Board game, Color a picture, Listen to Music, Do Word Finds, Sudoku, etc.</p> <p><b>National Pet Rock Day</b></p>	<p>9am Thinking Puzzles <b>4</b>                  10am Bingo                  11am Walk w/Karen                  1pm Sit &amp; Be Fit Exercises                  130pm Yahtzee</p> <p><b>National Wildlife Day</b>                  Labor Day</p>	<p><b>Karen off till 11 AM</b> <b>5</b>                  1pm <b>Hair w/Missi</b>                  130pm <b>Live Music, Dusty Titles</b></p> <p><b>International Day of Charity</b></p>	<p><b>Karen is off</b> <b>6</b>                  930 <b>Communion</b></p> <p><b>Read a Book Day</b></p>	<p>830am <b>Hair w/Missi</b> <b>7</b>                  9am Cribbage                  10am Resident Council                  11am Walk w/Karen                  2pm Play Nine cards</p> <p><b>Walmart Shopping Lists Please</b></p> <p><b>National Feel the Love Day</b></p>	<p>9am Bucketball <b>8</b>                  10am Hangman                  11am Walk w/Karen                  1pm Stronger Seniors Fitness                  130pm It's Movie Time</p> <p><b>Stand up to Cancer Day</b></p>	<p><b>Choices of:</b> <b>9</b>                  Work on a Puzzle, Read a Book, Visit a Neighbor, Go for a Walk, Play a Card game <b>or</b> a Dice game <b>or</b> a Board game, Color a picture, Listen to Music, Do Word Finds, Sudoku, etc.</p> <p><b>National Teddy Bear Day</b></p>	
<p><b>Choices of:</b> <b>10</b>                  Work on a Puzzle, Read a Book, Visit a Neighbor, Go for a Walk, Play a Card game <b>or</b> a Dice game <b>or</b> a Board game, Color a picture, Listen to Music, Do Word Finds, Sudoku, etc.</p> <p><b>Grandparents Day</b></p>	<p>9am Jeopardy Trivia <b>11</b>                  10am Bingo                  11am Walk w/Karen                  1pm <b>Hair w/Missi</b>                  1pm Sit &amp; Be Fit Exercises                  130pm Hand, Mouth &amp; Foot</p> <p><b>Patriot Day</b></p>	<p><b>Karen is off</b> <b>12</b></p> <p><b>National Day of Encouragement</b></p>	<p>9am Cornhole Toss <b>13</b>                  930 <b>Communion</b>                  10am <b>Live Music, Burleigh</b>                  11am Walk w/Karen                  1pm Stronger Seniors Yoga                  130pm Play Nine cards</p> <p><b>Positive Thinking Day</b></p>	<p>830am <b>Hair w/Missi</b> <b>14</b>                  9am Coloring fun                  10am Bingo                  11am Walk w/Karen                  1pm Senior Sitting Exercises                  130pm Photo Block craft</p> <p><b>National Coloring Day</b></p>	<p>9am Uno cards <b>15</b>                  10am Hangman                  11am Walk w/Karen                  1pm Stronger Seniors Fitness                  130pm Coffee &amp; Donut Social</p> <p><b>National Tradesman Day</b>                  Rosh Hashanah Begins</p>	<p><b>Choices of:</b> <b>16</b>                  Work on a Puzzle, Read a Book, Visit a Neighbor, Go for a Walk, Play a Card game <b>or</b> a Dice game <b>or</b> a Board game, Color a picture, Listen to Music, Do Word Finds, Sudoku, etc.</p> <p><b>National Batman Day</b>                  Oktoberfest Begins</p>	
<p><b>Choices of:</b> <b>17</b>                  Work on a Puzzle, Read a Book, Visit a Neighbor, Go for a Walk, Play a Card game <b>or</b> a Dice game <b>or</b> a Board game, Color a picture, Listen to Music, Do Word Finds, Sudoku, etc.</p> <p><b>National Pet Bird Day</b></p>	<p>9am Destination: Italy <b>18</b>                  10am Bingo                  11am Walk w/Karen                  1pm <b>Hair w/Missi</b>                  1pm Sit &amp; Be Fit Exercises                  130pm Farkle Dice Game</p> <p><b>National Respect Day</b></p>	<p>9am Ping Pong Roll Game <b>19</b>                  10am Hangman                  11am Walk w/Karen                  1pm Senior Sitting Exercises                  130pm Pom Pom Popper craft</p> <p><b>Talk like a Pirate Day</b></p>	<p>9am Nerf Gun Fun <b>20</b>                  930 <b>Communion</b>                  10am Care Plans All Day                  130 pm <b>Live Music, Eastmont Squares</b></p> <p><b>National Care for Kids Day</b></p>	<p>830am <b>Hair w/Missi</b> <b>21</b>                  9am Golf Cards                  10am Bingo                  11am Walk w/Karen                  1 pm Gentle Exercises                  130pm Play Nine cards</p> <p><b>Walmart Shopping Lists Please</b></p> <p><b>World Alzheimer's Day</b></p>	<p>9am State Plate game <b>22</b>                  10am Scrabble                  11am Walk w/Karen                  1pm Stronger Seniors Fitness                  130pm Apple Time Social</p> <p><b>National Elephant Appreciation Day</b></p>	<p><b>Choices of:</b> <b>23</b>                  Work on a Puzzle, Read a Book, Visit a Neighbor, Go for a Walk, Play a Card game <b>or</b> a Dice game <b>or</b> a Board game, Color a picture, Listen to Music, Do Word Finds, Sudoku, etc.</p> <p><b>National Checkers Day</b>                  Autumn Begins</p>	
<p><b>Choices of:</b> <b>24</b>                  Work on a Puzzle, Read a Book, Visit a Neighbor, Go for a Walk, Play a Card game <b>or</b> a Dice game <b>or</b> a Board game, Color a picture, Listen to Music, Do Word Finds, Sudoku, etc.                  1pm <b>Live Music, Crossroads Bible Church</b></p> <p><b>National Hunting &amp; Fishing Day</b>                  Yom Kippur</p>	<p>9am Who am I? <b>25</b>                  10am Bingo                  11am Walk w/Karen                  1pm <b>Hair w/Missi</b>                  1pm Sit &amp; Be Fit Exercises                  130pm David Richards                  Presentation: Maine Lighthouses</p> <p><b>National Daughters Day</b></p>	<p>9am No Look Dominoes <b>26</b>                  10am Hangman                  11am Walk w/Karen                  1pm Senior Sitting Exercises                  130pm Trip to the Library                  6pm <b>Live Music, Americana</b></p> <p><b>National Family Day</b></p>	<p>9am Toss the Ball <b>27</b>                  930 <b>Communion</b>                  10am Care Plans All Day</p> <p><b>National Scarf Day</b></p>	<p>830am <b>Hair w/Missi</b> <b>28</b>                  9am Skip Bo Cards                  10am Bingo                  11am Walk w/Karen                  130pm <b>Live Music, Deb &amp; Fred</b></p> <p><b>National Good Neighbor Day</b></p>	<p>9am Backgammon <b>29</b>                  10am Maple Tree Toss                  11am Walk w/Karen                  1pm Stronger Seniors Fitness                  130pm Let's watch a movie</p> <p><b>National Coffee Day</b>                  Sukkot Begins</p>	<p><b>Choices of:</b> <b>30</b>                  Work on a Puzzle, Read a Book, Visit a Neighbor, Go for a Walk, Play a Card game <b>or</b> a Dice game <b>or</b> a Board game, Color a picture, Listen to Music, Do Word Finds, Sudoku, etc.</p> <p><b>National Love People Day</b></p>	

\*Activities are subject to change. \*All rides/outings are dependent on the weather. \*This facility will make changes to the day boards. \*Thank you, Karen Dore, Activity Director.\*